

Certificate Course In First Aid Management

(AS PER INDIAN NURSING COUNCIL MODULE)



About Course

Two days first aid management course designed for health care professionals to manage various emergencies.

Beneficiaries

All Health Care Professionals: Teachers, Students, Staff Nurses, Physiotherapist, Pharmacist.

Course Benefits

- Course information booklet
- Learning experience by Certified trainers
- Hands on experiences on management
- Case scenario based practice during the course
- Debriefing after each practical session
- Certification on successful completion of the course

Course Objectives

- Explain basic principles of first aid and law related to first aid.
- Describe various first aid techniques such as basic CPR, recovery position, top to toe assessment and hygiene and hand washing.
- Identify common emergencies that require immediate attention and first aid.
- Perform basic first aid techniques to deal with specific and common emergencies to preserve life.
- Perform first aid measures such as dressings, bandages, and safe transportation.
- Prepare first aid kit for emergency





Course Duration: 2 Days

Course Fees: 2500 INR

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Course Content

First Aid

- First aid and law
- General Principles

First aid techniques

- Basic CPR Adult & baby/ child
- Securing open airway
- Recovery position
- Initial top-to-toe assessment
- Hygiene & Hand washing technique

First aid management of Common emergencies

- Chocking
- Foreign bodies in eye, ear, nose, or skin
- Burns & Heat stroke
- Fever
- Hypothermia
- Poisoning
- Unconsciousness
- Stroke
- · Convulsions, epilepsy
- Bleeding
- Head, Neck & Spinal injuries
- Injuries & fractures to bones, and muscles
- Drowning
- Strangulation & hanging
- Diarrhoea
- Food poisoning
- Diabetes

Selected First Aid Techniques

- Dressing
- Bandaging
- Transportation of patients

First Aid Kit

- Content of first aid box
- First medical responder first aid kit